



LYME DISEASE AWARENESS



Duck Season, Rabbit Season – No it's Tick Season and reading this leaflet could save your life.

Lyme disease is a bacterial infection caused by a tick bite. Although ticks are more prevalent in natural woodlands and open countryside, no area is safe. Tick sampling has shown that infected ticks are present even in the London parks ! The safest way to avoid harm is to be aware of ticks and the devastating problems that they can cause. There is a risk of Lyme Borreliosis from ANY tick bite. Just look at some of the astonishing facts.

Untreated lyme disease can lead to chronic, severely disabling physical and mental symptoms lasting months or even years. It is a multi-systemic illness affecting every part of the body.

Lyme is called the great imitator; and has been linked to many other health problems such as Fibromyalgia, Arthritis, Chronic Fatigue Syndrome, Bells Palsy, Autism, ADD, MS, Lupus and Alzheimer's.

Some people develop flu-like symptoms a week or so after becoming infected. However, many people feel well but can develop lyme symptoms months, years or decades later.

One of the diagnostic criteria for lyme is a bulls eye rash. But only 1 in 2 people develop a rash. This means that you have a 50% chance of not being diagnosed correctly after a bite. As many as 64% of people don't remember having been bitten.

Lyme disease in the UK appears to be grossly under diagnosed - For example in France, 12 times more cases are diagnosed. In Belgium 52 times, in Germany 154 times and in Norway there's 169 times more cases.



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